

# Indiana Provider Communications

---

## Medical Policy and Clinical Guidelines: February 2019\*

---

Published: Feb 1, 2019

The following Anthem Blue Cross and Blue Shield medical policies and clinical guidelines were reviewed on November 8, 2018 for Indiana, Kentucky, Missouri, Ohio and Wisconsin.

### New Medical Policy

MED.00126 Fractional Exhaled Nitric Oxide and Exhaled Breath Condensate Measurements for Respiratory Disorders

### Effective May 1, 2019

The measurement of exhaled nitric oxide is considered INV&NMN in the diagnosis and monitoring of asthma and other respiratory disorders

The measurement of exhaled breath condensate is considered INV&NMN in the diagnosis and monitoring of asthma and other respiratory disorders

The below current Clinical Guidelines and/or Medical policies were reviewed and updates were approved

\*requires precertification

Title	Change	Effective date
CG-BEH-01 Screening and Assessment for Autism Spectrum Disorders and Rett Syndrome	<ul style="list-style-type: none"> <li>Added tests for metabolic markers in the blood, urine, tissue, or other biologic materials (also known as metabolomics), including but not limited to Amino Acid Dysregulation Metabotype (ADDM) testing as NMN</li> </ul>	5/1/2019
CG-MED-79 Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems	<ul style="list-style-type: none"> <li>- Added existing CPT PLA code 0063U (NMN); added new CPT psych testing codes 96112, 96113, 96121, 96130-96133, 96136-96139, 96146 replacing 96101-96103, 96111, 96118-96120 &amp; new CPT 81171, 88172 for AFF2 gene replacing Tier 2 eff 01/01/19</li> <li>Content moved from MED.00100</li> <li>No change to clinical indications</li> </ul>	1/3/2019
CG-MED-80 Positron Emission Tomography (PET) and PET/CT Fusion*	<ul style="list-style-type: none"> <li>Content moved from RAD.00002</li> <li>No change to clinical indications</li> </ul>	1/3/2019
CG-SURG-27 Sex Reassignment Surgery*	<ul style="list-style-type: none"> <li>Added criteria requiring referral letters to mastectomy MN statement</li> </ul>	5/1/2018

# Indiana Provider Communications

---

---

<https://providernews.anthem.com/indiana/article/medical-policy-and-clinical-guidelines-february-2019>

**Featured In:**

February 2019 Anthem Indiana Provider Newsletter