

Colorado Provider Communications

ConditionCare Program Benefits Patients and Physicians

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Anthem members have additional resources available to help them better manage chronic conditions. The ConditionCare program helps members better understand and control certain medical conditions like diabetes, COPD, heart failure, asthma and coronary artery disease. A team of registered nurses with added support from other health professionals such as dietitians, pharmacists and health educators work with members to help them understand their condition(s), their doctor's orders and how to become a better self-manager of their condition.

Engagement methods vary by the individual's risk level but can include:

- **Education** about their condition through mailings, email newsletters, telephonic outreach, and/or online tools and resources.
- **Round-the-clock phone access** to registered nurses.
- **Guidance and support** from Nurse Care Managers and other health professionals.

Physician benefits:

- **Save time** by answering patients' general health questions and responding to concerns, freeing up valuable time for the physician and their staff.
- **Support the doctor-patient relationship** by encouraging participants to follow their doctor's treatment plan and recommendations.
- **Inform** the physician with updates and reports on the patient's progress in the program.

Please visit our website to find more information about the program such as program guidelines, educational materials and other resources. Go to **anthem.com**. Select **Providers**, and **Providers Overview**. Select **Find Resources for Your State** and pick **Colorado**. From the **Health & Wellness** tab, select the **Condition Care** link. Also on our website find the **Referral Form**, which you can use to refer other members you feel may benefit from our program.

If you have any questions or comments about the program, call **877-681-6694**. Our nurses are available Monday-Friday, 8:00 a.m. to 9:00 p.m., and Saturday, 9:00 a.m. to 5:30 p.m.

<https://providernews.anthem.com/colorado/article/conditioncare-program-benefits-patients-and-physicians-9>

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